



Well-Baby Checks & Immunizations

Our physicians provide well-baby checks and immunizations. Listed below are instructions and information to prepare your child and yourself for the appointment.

Please call our office for an appointment as all well-baby checks and immunizations require a booked appointment. Walk-in appointments are not accepted.

To stay on schedule according to the BC Immunization schedule call our office in advance for booking an appointment.

We confirm appointments one day in advance and require at least 24 hours' cancellation notice. A cancellation fee is applied if you have missed your appointment without a compelling reason in accordance with our cancellation policies.

Please bring the following to your scheduled appointment:

- Your BC Care Card

Before the vaccination, if your child has a cold or fever, talk to your doctor. They can assess whether it is okay to vaccinate or if you should wait until your child has recovered.

Measurements are taken during the visit. Please bring in baby's passbook so we are able to record the information for you.

During the appointment your doctor may ask you questions about your child's health, such as if they have allergies or other health concerns.

Things you can do to help your child during immunization.

- Relax. Your child may react to your emotions. When you relax and stay positive your child will be happier too.
- Distract. Your gentle, soothing voice or touch can help comfort your baby. So can a favorite toy.

After the immunization most children are fine. Your child may have no reaction at all to the vaccine. But in some cases, your child may:

- be fussy,
- sleepier than usual,
- have a low fever or
- have a sore, swollen, red spot where the needle went in.

These reactions are normal and usually last between 12 and 24 hours. You can give your child medicine to help with the pain or lower the fever. Ask your doctor at the appointment what medicine would be best.

You will be asked to wait at the clinic for 15 - 20 minutes after your child's immunization. This is because, as with any medicine, there is a very slight chance of a serious allergic reaction (anaphylaxis).

Signs of a serious allergic reaction include:

- breathing problems (wheezing),
- swelling of the face, and/or
- blotchy skin on the body (hives).

If you see any of these symptoms, talk to your doctor immediately. They know what to do to counter the allergic reaction.

Serious reactions to vaccines are very rare. Call your doctor or go to the emergency room if your child has unusual symptoms after immunizations.

Unusual symptoms may include:

- a fever above 40°C (104°F),
- crying or fussing for more than 24 hours,
- worsening swelling where the needle went in or
- unusual sleepiness.

You know your child best. If you notice anything that is not normal after a vaccination, check with your doctor.

Remember, immunization is part of your children's routine care. Keeping immunizations up-to-date is important to protect their health.

For further information please refer to <http://immunizebc.ca/>